



Sherpa Khangri Outdoor

Web: www.sherpakhangri.com

Email: info@sherpakhangri.com

Ghorepani Poonhill Trek 7 Nights 8 Days



Overview

Ghorepani Poonhill trek is one of the easiest, short trekking and beginners trekking route of Nepal. It is famous for natural beauty and cultural importance. The trek gives good view of Mt. Annapurna, Mt. Nilgiri, Mt. Huinchuli, Mt. Fishtail, Mt. Dhaulagiri and other mountains of the Annapurna and Dhaulagiri mountain range. The trail goes through dense forest of rhododendron, terraced farmland and small villages and settlement. The main residents of this region are Gurung and Magar who have distinct culture and customs. They are famous as Gurkha soldiers. This trip provides good view of mountains in relative easy altitude of 3210 meter.

Highlights of the trip

- Close view of mountains of Annapurna range and Dhaulagiri mountain range from Poonhill
- Beautiful nature with wide variety of flora and fauna and wild life.
- Cultural aspect of local people.
- Relatively easy trip to have great adventure.



Sherpa Khangri Outdoor

Web: www.sherpakhangri.com

Email: info@sherpakhangri.com

Both lodge trek and camping trek is available in the route. It offers a wonderful opportunity to witness the beauty of the Annapurna region. With the great views of mountains, lush green forest, terraced farmland and the beautiful ethnic villages alongside the trail justifies its popularity. It helps to explore the hidden treasure of Nepalese traditions, rituals and life styles of local people. Relatively with no risk of altitude sickness, this trekking could be done in the all seasons, except in the monsoon. This is an easy trek that reaches to the altitude of 2874m at Ghorepani and 3210m at Poonhill. This trip can be customized and add up with other places like Annapurna Base Camp, Tours to Pokhara, Chitwan can also be combined according to the client desire and viability of time. These days this trek has been too short that who have limit of time can drive till Ulleri village in 4WD from Pokhara about 4 hours and trek till Ghorepani of 5 hours. Stay overnight then next early morning visit Poonhill about 45 mins. enjoy the sunrise and panoramic range beauty then back to Ulleri and drive to Pokhara till mid afternoon.

Info

Activity: Trekking | Duration: 8 Days | Grade: Easy | Highest Alt: 3210 m.

Trek Type: Hotel / Lodge & Tea house Trek | Best Season: Mar-April-May / Oct-Nov-Mid Dec

Itinerary

Day 01: Arrival in Kathmandu (1400 m)

Arrival in Kathmandu International airport . Our office representative will welcome with Nepali tradition with garland or khadas then transfer to hotel. Hang around Thamel- a touristic hub on availability of time. Short briefing in evening with welcome dinner by Guide or office representative. Back to hotel and overnight.

Meal: Dinner

Accommodation: Hotel

Day 02: Fly or Drive to Pokhara (25mins fly | 210km 6-7 hrs)

After breakfast we drive to Kathmandu domestic airport to board on scenic flight to Pokhara. Its 25 mins flight . Or drive Pokhara via tourist bus or private vehicle . Its 6-7 hours drive along the highway. Welcome Pokhara a beautiful tourist valley . Check-in hotel. Rest day free on own . Hang around lakeside and activities. Overnight.

Meal: Breakfast

Accommodation: Hotel



Sherpa Khangri Outdoor

Web: www.sherpakhangri.com

Email: info@sherpakhangri.com

Day 03. Drive to Nayapul . Trek to Tikhedhunga (1540 m / 4-5 hrs)

After breakfast our journey begins with 1.30 mins drive to Nayapul. Then start our trekking passing Birethati via Modi khola river. We crossing terrace farmland and small passing route of forest to reach Tikhedhunga about 4-5 hours . Rest and overnight .

Meals: Breakfast, Lunch & Dinner.

Accommodation: Teahouse

Day 04: Tikhedhunga to Ghorepani (m / 6-7 hrs)

Today after breakfast the trail runs uphill climb. The trail is mostly paved stones steps. It goes through dense forest, terraced farmland and small villages of settlements. We then reach Ulleri where we need to cross and trail ahead climbing about 3200 paved stones uphill. Probably this is a bit difficult part of the journey. The mountains begins to appear slowly on the trail of Ulleri. Finally , we will reach Ghorepani. Ghorepani is small village predominantly settled by indigenous people from Magar community. There are number of lodges and tea house separation as Lower and Upper Ghorepani. Rest and overnight.

Meals: Breakfast, Lunch & Dinner.

Accommodation: Teahouse

Day 05: Ghorepani to Poonhill (3210m / 45 mins.)– Back to Tadapani (2610m /5- 6 hrs)

Today we start early morning of 5 am to reach Poonhill. An early sunrise view and beautiful panoramic mountain view gives a blissful and great memory . We pass through small steps uphill climb paved stones stairs and forest path about 45 mins to reach Poonhill viewpoint. Beautiful sunrise behind the panoramic range of Mt. Machhapuchhre, Huinchuli, Annapurna range I, II, III and IV , Annapurna South and Dhaulagiri range. After some hour spent with blissful moment and picture we descend back to Tadapani via Ghorepani. We pass through Deurali Danda a gentle climb through lush green forest. We then cross Ban thanti village and Liui kharka. Then the trail is relatively easy with few ups and downhill on reaching Tadapani about 5-6 hours. Rest and overnight.

Meals: Breakfast, Lunch & Dinner.

Accommodation: Teahouse

Day 06: Tadapani to Nayapul – Drive back to Pokhara (3700m/5-6 hrs)

Today our trail is a bit long walk. So we start early morning after quick breakfast. The trail descend to Ghandruk a local community of Gurung caste. Its typical to observe their lifestyule and soned paved roof houses of settlements. With time constant we visit Gurung Museum and cultural indress too . With picture memory we descend to Syauli bazaar then to Nayapul. We then drive back to Pokhara hotel. Completely rest and overnight.



Sherpa Khangri Outdoor

Web: www.sherpakhangri.com

Email: info@sherpakhangri.com

Meals: Breakfast and Lunch .

Accommodation: Teahouse

Day 07: Fly / Drive from Pokhara to Kathmandu. 30 minutes / 5 hours.

Early morning, we take a vehicle /tourist bus if we are driving or fly to Kathmandu. Upon arrival in Kathmandu, transfer you to hotel and we can enjoy the day in Kathmandu. In the evening to celebrate our successful journey, we will have a farewell dinner with Traditional Nepali Cuisine.

Meals: Breakfast and Dinner

Accommodation: Hotel

Day 08: Departure.

After breakfast timely transfer to International airport for your onward journey.

Meals: Breakfast

Cost includes

1. Pickups & Drop according to itinerary.
2. Welcome and farewell dinners in Kathmandu.
3. Hotel Accommodation in sharing basis in Kathmandu and Pokhara on BB plan.
4. Ground transportation to and fro Pokhara to Nayapul .
5. National park & Necessary Permits.
6. Domestic flights Kathmandu-Pokhara-Kathmandu / Vehicle ride from Kathmandu to Pokhara to Kathmandu.
7. Meal during Trekking (Breakfast, Lunch & Dinner).
8. Tea House accommodation during Trekking.
9. Experience Trekking Guide
10. Porter Service 2:1
11. Staff Insurance and Salary.
12. Medical kit.
13. Travel and rescue arrangement only.

Cost Excludes

1. Nepalese visa fee.
2. International airfare to and from Kathmandu.
3. Extra night accommodation (s)
4. Meal in Kathmandu and Pokhara.



Sherpa Khangri Outdoor

Web: www.sherpakhangri.com

Email: info@sherpakhangri.com

5. Travel and rescue/heli insurance (recommended)
6. Personal expenses (phone calls, laundry, bar bills, battery recharge, extra porters, bottled or boiled water, shower, heater, internet access wifi etc.).
7. Personal trekking gears.
8. Personal guide or porter if needed.
9. Trips and sightseeing if extended.
10. Gratuity for guides and porters.