



SHERPA KHANGRI OUTDOOR
夏 尔 巴 高 山 探 险

Climbing Gears for Everest & 8000m Peaks

TRAVEL DOCUMENTS

- Passport
- Credit card
- PP size photo (4 pieces)
- Insurance paper and Contact address.
- Family members / Company's contact address

FOOT WEAR

- One Sports (Millet/ Lasportiva)
- Socks (5-6 pairs)
- Summit socks (2 pairs)
- Trekking Shoes
- Camp booties
- Crooks

UPPER BODY

- Light weight top (2-3 layers)
- Mid weight Top (2-3 layers)
- Heavy weight Top
- Fleece Jacket
- Gore text Jacket.
- Down Jacket

LOWER BODY

- Under wear (5-6 pairs)
- Light weight Long under wear (2-3 pairs)
- Mid weight Long under wear
- Heavy weight long Under wear
- Gore text pant.
- Down Pants.

HEAD

- Sun cap
- Balaclava
- Fleece hat
- Neck Gaiter

HANDS

- Thin fleece gloves
- Wind stopper fleece Gloves
- Insulated Gloves
- Heavy Overmiits

SLEEPING BAGS

- Sleeping bag -30 degree Celsius
- Down Sleeping bag -40 degree Celsius
- Thermo mattress
- Carry Mattress

CLIMBING EQUIPMENT

- Helmet
- Crampons
- Ice Axe
- Harness
- Down suit (Millet/ Everest hard wear/ North face/ Vaude/ Marmot/ Kailash)
- Figure of 8/ ATC guide
- Jummer/ ascender
- Lock Carabiner (3)
- Unlock Carabiner (5)
- Slings (2)
- Prusik (1)
- Snow Goggle
- Down Gloves
- Head Light
- Batteries 4 pairs (Rechargeable Recommended)
- Satellite Phone
- Hand Warmer

BAG PACKS

- Rucksacks 50L
- Duffle Bag 40L
- Stuff Sacks Large (2 Pieces)
- Stuff Sacks Small (2 Pieces)

SUN STUFFS

- Bandana Sun Cream -50
- Lip Guard
- Sunglasses
- Glaciers glasses
- Snow Goggle

TOILETRIES

- Toilet papers (5 rolls)
- Hand Disinfectant
- Wet tissue
- Tooth paste
- Tooth brush
- Soap
- Shampoo
- Garbage Bag

EATING & DRINKING

- Water Bottle (2)
- Thermos
- Mug
- Spoon/ fork
- Bowl

MEDICAL

- Ibuprofens
- Antibiotic
- Diamox
- Paracetamol & Handy Plaster

MISCELLANEOUS

- Walking Stick
- Pocket knife
- Watch
- Lighter
- Hand warmer
- Camera
- Books
- Note Books & Pen




Sherpa Khangri Outdoor Pvt. Ltd.

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SHERPA KHANGRI OUTDOOR
夏 尔 巴 高 山 探 险

Climbing Gears for 7000 m & 6000 m Peaks

TRAVEL DOCUMENTS

- Passport
- Credit card
- PP size photo (4 pieces)
- Insurance paper and Contact address.
- Family members / Company's contact address

FOOT WEAR

- Socks (3-4 Pairs)
- Trekking Shoes
- Camp booties
- Crooks

UPPER BODY

- Light weight top (2 layers)
- Mid weight Top (1 layers)
- Fleece Jacket
- Gore text Jacket
- Down Jacket

LOWER BODY

- Under wear (3 layers)
- Light weight Long under wear
- Fleece Pant
- Gore text pant
- Down Pant

HEAD

- Sun cap
- Balaclava
- Fleece hat

HANDS

- Thin fleece gloves
- Wind stopper fleece Gloves
- Down Mitts

SLEEPING BAGS

- Sleeping bag -30 degree Celsius
- Thermo mattress

CLIMBING EQUIPMENT

- Helmet
- Crampons
- Ice Axe
- Harness
- Down suit (OPT. Amadablam and Himlung)
- Figure of 8/ ATC guide
- Jummer/ ascender
- Lock Carabiner (3)
- Unlock Carabiner (4)
- Slings (2)
- Prusik (1)
- Snow Goggle
- Climbing Boots
- Head Light
- Batteries 3 pairs (Rechargeable Recommended)

BAGPACKS

- Rucksack 50L
- Duffle Bag 50L
- Stuff Sacks Large (2 Pieces)
- Stuff Sacks Small (2 Pieces)

SUN STUFFS

- Bandana Sun Cream
- Lip Guard
- Sunglasses

TOILETRIES

- Toilet papers (5 rolls)
- Hand Disinfectant
- Wet tissue
- Tooth paste
- Tooth brush
- Soap
- Shampoo
- Garbage Bag

EATING & DRINKING

- Water Bottle
- Thermos
- Mug
- Spoon/ fork
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- Ibuprofens
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MISCELLANEOUS

- Walking Stick
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